



NATIONAL COLLEGE OF AYURVEDA & HOSPITAL

A COMMITMENT TO COMMUNITY

Affiliated by: Shri Krishna Ayush University, Kurukshetra

Approved by: NCISM, Ministry of Ayush (Govt. of India)

Address:

Dhani Garan Road

Barwala (Hisar)

Haryana - 125121



+91 8222896728



+91 8430000028



Kundu.balraj@yahoo.in



Institute ID - AYU0389



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FREE DAILY MEDICAL CAMP REPORT

Date	01/10/2024
Time	9:00AM – 4:30 PM
Venue	National College of Ayurveda and Hospital Barwala
Speciality	Camp on international day for elderly people
Organizer	NCA, Barwala

Team members

Dr.Tribhuvan Pareek (Professor and HOD of Panchkarma)

Dr.Parvesh Ohlan(Associate Professor, Panchkarma)

Dr. Nidhi kumari(Assistant Professor, Panchkarma)

All internee and staff

Brief about the event

Camp report on International day for Elderly people on dated 01/10/ 2024 .On the day of international day for the elderly, the Department of Panchkarma organised a medical camp at the hospital Premises.In this medical camp there is free medical checkup along with remedial Panchkarma therapy for the patients .The inauguration ceremony was conducted at the hospital reception and lamp lightning done by the principal in charge Dr Jyoti Duhan, vice principal Dr Sunil Dalal and other senior faculty members of the college. The timing for the camp was between 9:00 a.m. to 4:30 p.m. A total of 60 patients came from nearby villages of the college. Dr Tribhuvan Pareek, professor & HOD Panchkarma, Dr Pravesh Kumari Ohlan Associate Professor Department of Panchkarma and Dr Nidhi Kumari Assistant professor of Panchkarma Department gave their duties in the camp.

Free medicines are dispensed from the pharmacy of the hospital and Panchkarma procedures are explained and implemented on all the patients. Procedure done by therapists and intern. For female Renu Bala, Komal and for Male Kashmiri Lal and Gurvachan performed all panchkarma procedures.

The 5 Elements

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Water

Fire

Space



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In this camp more patients suffering from lifestyle disorders like Obesity, Arthritis, Disturbed sleep and other age related disorders were treated.

During the camp a journal talk to elderly person was given by Dr Pravesh Kumari Ohlan to prevent elderly people from senile disorders like arthritis, early cataract formation obesity and other health related issues.

Photographs attached here with this report.

Suggested actions

- Periodic lifestyle modification classes by the concerned departments would help the people believe in the system, which, in the long run, can improve the health and lifestyle of the public in the village.
- Follow-up calls to the patients will be ideal as the village public is not fully accustomed to the Ayurvedic medicine and services of our hospital.
- A food and lifestyle survey in the village followed by an interpretation of prevalent disease pathology will help us to guide them with better and more effective methods for healthy living.



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FREE DAILY MEDICAL CAMP REPORT

Date	04/10/2024
Time	07:00 AM Onwards
Venue	Bagban vriddh & bal aashram Barwala
Speciality	General Camp
Organizer	NCA, Barwala

Team members

- Dr. Rajesh R Parsad – HOD & Professor – Department of Swasthvritta & Yoga
- Pankaj Kumar – Yoga Teacher
- Sameer – Intern NCA & H

Total Beneficiaries: 30

Brief about the event

A morning geriatrics camp was organised at Bagban vriddh & bal aashram Barwala on 4th October 2024. Dr. Rajesh R Parsad led the yoga and general consultation camp along with interns of NCA & H. The Majority of the cases were of mental disorders, Hypertension. A total of 30 patients availed of the facility and they were suggested lifestyle modification and educated about the departments and facilities of National Ayurveda College & Hospital, Barwala.

Suggested actions

- Periodic lifestyle modification classes by the concerned departments would help the people believe in the system, which, in the long run, can improve the health and lifestyle of the public in the village.
- Follow-up calls to the patients will be ideal as the village public is not fully accustomed to the Ayurvedic medicine and services of our hospital.
- A food and lifestyle survey in the village followed by an interpretation of prevalent disease pathology will help us to guide them with better and more

The 5 Elements

Earth Air Water Fire Space



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effective methods for healthy living.



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Barwala, Hisar, 125121, HR, India

Lat 29.359657, Long 75.897069

10/04/2024 07:41 GMT+05:30

Note : Captured by GPS Map Camera



Hisar, HR, India

Barwala, Hisar, 125121, HR, India

Lat 29.359627, Long 75.897084

10/04/2024 08:48 GMT+05:30

Note : Captured by GPS Map Camera

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FREE DAILY MEDICAL CAMP REPORT

Date	15/10/2024
Time	9:00AM – 4:30 PM
Venue	National College of Ayurveda and Hospital, Barwala
Speciality	Camp on World Arthritis Day
Organizer	NCA, Barwala

Team members

Dr. Naresh Kumar Mahawar (Professor and HOD of Rog nidana)

Dr. Tribhuvan Pareek (Professor and HOD of Panchkarma)

Dr. Parvesh Ohlan (Associate Professor, Panchkarma)

Dr. Nidhi Kumari (Assistant Professor, Panchkarma)

Dr. Bhagirath Singh (Assistant professor, Department of Rognidana)

All internee and staff

Brief about the event

Camp report on World Arthritis Day on dated 15/10/2024. On the day of World Arthritis Day, The Department of Panchkarma and the Department of Rognidana organised a medical camp at the Hospital Premises.

In this medical camp there is a free medical checkup along with remedial Panchkarma therapy and General Routine investigation at the laboratory for the patients. The inauguration ceremony was conducted at the hospital reception and lamp lighting done by the principal in charge Dr. Jyoti Duhan and other senior faculty members of the college. The timing for the camp was between 9:00 a.m. to 4:30 p.m. A total of 40 patients came from nearby villages of the college. Dr. Naresh Kumar Mahawar (Professor and HOD of Rognidana), Dr. Tribhuvan Pareek, professor & HOD Panchkarma, Dr. Pravesh Kumari Ohlan Associate

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Professor Department of Panchkarma and Dr Nidhi Kumari Assistant professor of Panchkarma Department, Dr. Bhagirath Singh (Assistant professor, Department of Rognidaan) gave their duties in the camp.

Free medicines are dispensed from the pharmacy of the hospital, along with that free routine investigation like HB, Random blood sugar, TLC, DLC, ESR conducted . Panchkarma procedures are explained and implemented on all the patients. Procedure done by therapists and interns. For female Renu Bala, Komal and for Male Kashmiri Lal and Gurvachan performed all panchkarma procedures.

In this camp more with Arthritis, pain lower back, pain cervical spine etc observed.

During the camp a journal talks to patients done by person was given by Dr Pravesh Kumari Ohlan to prevent Arthritis and its causes.

Suggested actions

- Periodic lifestyle modification classes by the concerned departments would help the people believe in the system, which, in the long run, can improve the health and lifestyle of the public in the village.
- Follow-up calls to the patients will be ideal as the village public is not fully accustomed to the Ayurvedic medicine and services of our hospital.
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Photographs attached here with this report.



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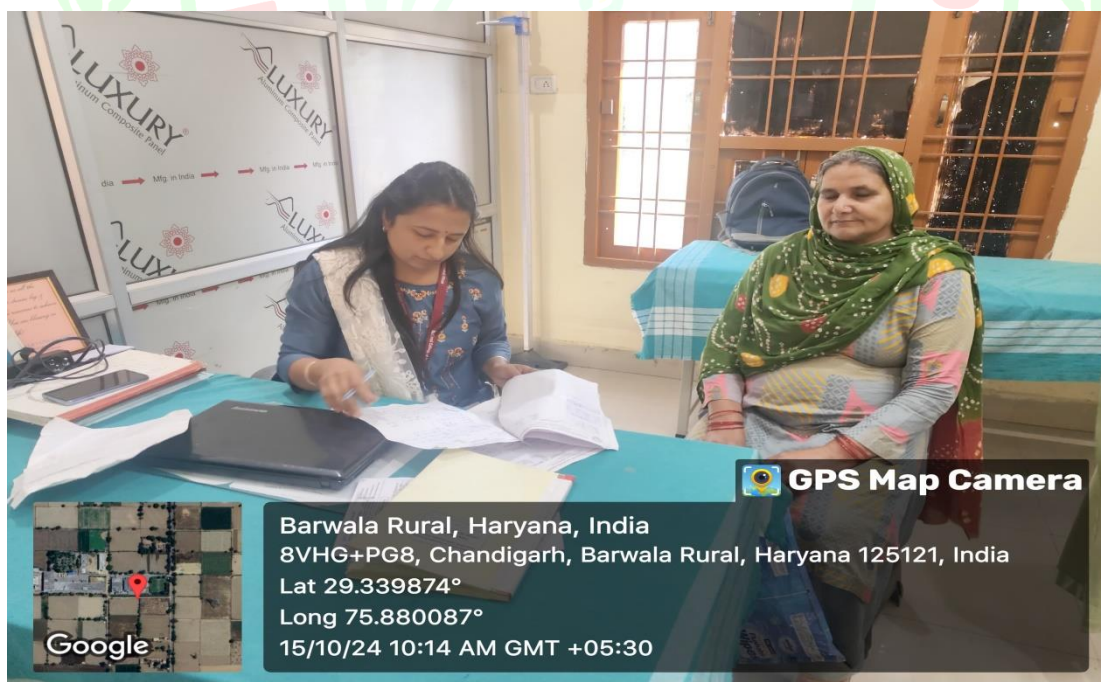
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Global Hand Washing Day

Date	15/10/2024
Time	12:00PM – 1:00 PM
Venue	National College of Ayurveda and Hospital , Barwala
Speciality	Global Hand Washing Day
Organizer	NCA, Barwala

Team members:

Prof. & HOD Dr. Rajesh R Parsad

Dr. Preeti (Associate Professor)

Dr. Jyoti (Assistant Professor)

Brief about the event

Global hand washing day:

On the occasion of global hand washing day an awareness lecture and demonstration is organized by department of Swasthavritta and Yoga. A training is also organized for the cleaning staff, so that hospital acquired infections can be prevented.

Total no of beneficiaries – 68

It includes interneers, cleaning staff, nursing staff and students of 2nd proff

Hand hygiene is very much important in medical profession so that hospital acquired infections can be controlled as well as prevent medical professionals from occurrence of various diseases. Importance of handwashing along with demonstration and training of handwashing technique was taught to all trainees. So that in future they can perform the same and serve the profession.

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15/10/2024 12:04 GMT+05:30

Note : Captured by GPS Map Camera



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School Health Checkup and awareness camp

Date	21/10/2024
Time	10 AM – 01:00 PM
Venue	CBC Memorial School, Barwala
Speciality	Ayurveda Day
Organizer	NCA, Barwala

Team members

- Dr.Lalit – Head of department – Department of Kaumarbhritya
- Palak– Intern NCA & H

Brief about the event

Ayurveda Day:

School Health Checkup and awareness camp was organized on Ayurveda Day in CBC Memorial School, Barwala on 21st October 2024. Dr Lalit led the general consultation camp along with one intern of NCA & H. A total of 66 patients availed of the facility and they were suggested lifestyle modification and educated about the departments and facilities of National Ayurveda College & Hospital, Barwala.

Suggested actions

- Periodic lifestyle modification classes by the concerned departments would help the people believe in the system, which, in the long run, can improve the health and lifestyle of the public in the village.
- Follow-up calls to the patients will be ideal as the village public is not fully accustomed to the Ayurvedic medicine and services of our hospital.
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